



COLUMBIA UNIVERSITY  
MEDICAL CENTER

IRVING INSTITUTE FOR

clinical and translational research



# Alzheimer's Prevention & Treatment

## A free health lecture & exercise class



### Alzheimer's Lecture

**2:30pm–3:00pm**

**Rafael A. Lantigua, MD**

*Professor of Clinical Medicine*

*College of Physicians & Surgeons*



### Exercise Class

**3:30pm–4:00pm**

**Wendee Corsino**

*Fitness Instructor*

*AFAA Certified, IFTA Certified*

**Date:** **Wednesday, September 30, 2015**

**Address:** **Columbia Community Partnership for Health**  
**390 Fort Washington Avenue**  
**Between 177 and 178 Streets**

Lecture will be offered in English and Spanish.

Refreshments will be served.



For more information on  
GetHealthyHeights.org:  
[bit.ly/AlzheimerTalk](http://bit.ly/AlzheimerTalk)



**RSVP at (646) 697-2274**