



# Do You Have Joint Pain?

## A free educational health lecture on arthritis



- What is the difference between arthritis, osteoarthritis and rheumatoid arthritis?
- What are the symptoms of arthritis? What causes arthritis?
- What is the treatment for arthritis?
- What exercises can improve movement if you have arthritis?

**Presenter:** Laurel Daniels Abbruzzese, PT, EdD, CEEAA, FNAP  
Assistant Professor of Rehabilitation and Regenerative Medicine  
Program in Physical Therapy  
Columbia University Medical Center

**Date:** Tuesday, May 23, 2017

**Time:** 5:30PM – 7:00PM

**Location:** Columbia Community Partnership for Health  
390 Fort Washington Avenue, Ground Floor  
New York, NY 10033

- ➔ A free event open to all
- ➔ The talk will be in English and Spanish
- ➔ Refreshments will be served



To RSVP call:  
(646) 697-2274