



COLUMBIA UNIVERSITY
MEDICAL CENTER



IRVING INSTITUTE FOR
clinical and translational research

GREENMARKET TOUR!

A free City Harvest tour of the 175th street Greenmarket



- Eat healthy by buying local!
- Receive three HealthBucks worth \$2.00 each to spend at the greenmarket that day
- Receive an additional \$2 HealthBuck from the market for participating in a cooking demonstration that day!
- Bring your EBT card: Spend \$5 and you will receive an additional \$2 HealthBuck from the market!

Tour Guide:

Catarina Rivera

Manager, Healthy Neighborhoods-Washington Heights/Inwood
City Harvest

Date:

Thursday, November 3, 2016

Time:

10:30am–11:30am

Location:

**Columbia Community Partnership for Health
390 Fort Washington Avenue, Ground Floor
New York, NY 10033**



- ➔ A free event open to all
- ➔ The tour will be in English and Spanish



To RSVP call:
(646) 697-2274

****Space is limited to the first 15 people****