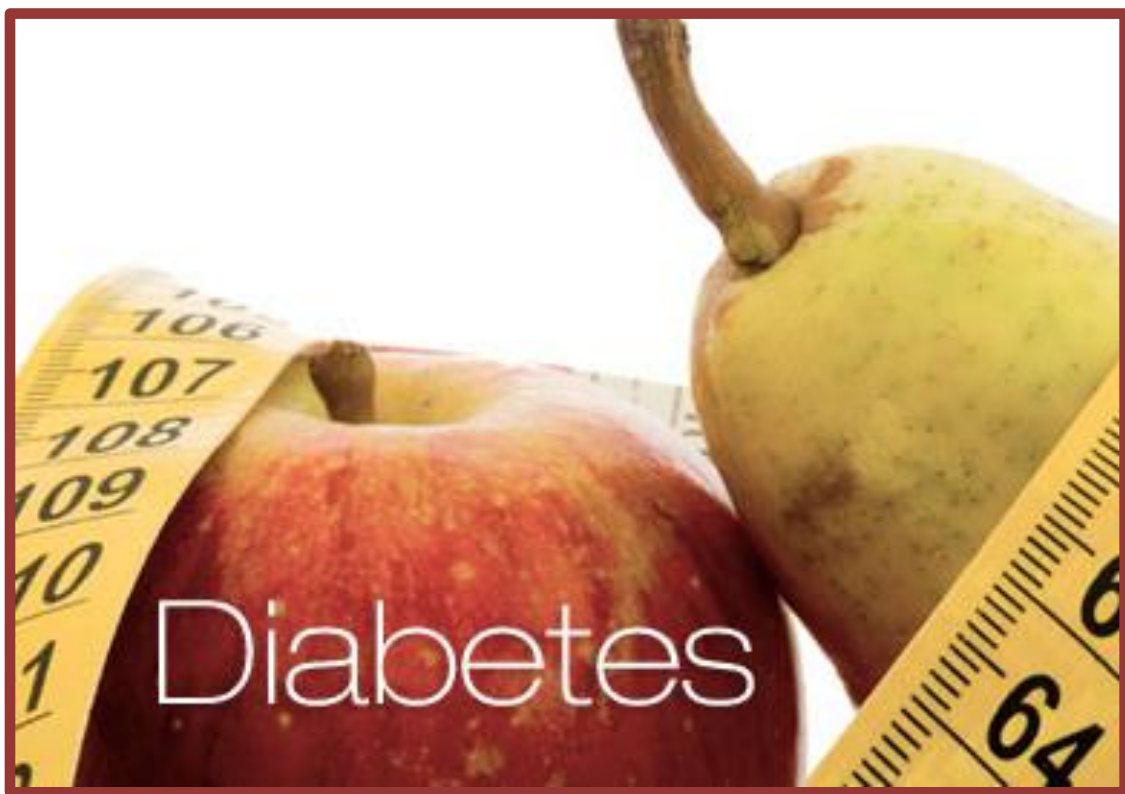




# Diabetes & Nutrition

A free educational talk  
on preventing and treating diabetes



- How does what you eat affect your risk for diabetes?
- How can you prevent diabetes?
- What kind of food should you eat to prevent diabetes?
- What should your diet be if you are diabetic?

**Presenter:** Henry N. Ginsberg, MD  
Irving Professor of Medicine, Irving Institute

**Date:** Wednesday, February 3, 2016

**Time:** 5:30PM – 7:00PM

**Location:** Columbia Community Partnership for Health  
390 Fort Washington Avenue, Ground Floor  
New York, NY 10033

- A free event open to all
- The talk will be in English and Spanish
- Refreshments will be served



To RSVP call:  
(646) 697-2274