



# KIDNEY HEALTH

A free educational talk on common kidney disorders



- Overview of kidney health
- What are common kidney disorders?
- How do you prevent kidney disease?
- What kinds of foods are good for your kidneys?
- What research is being done on kidney disorders?

**Presenter:** Dr. Maya K. Rao  
Assistant Professor of Medicine  
Department of Nephrology  
Columbia University Medical Center

**Date:** Wednesday, March 29, 2017

**Time:** 5:30PM – 7:00PM

**Location:** Columbia Community Partnership for Health  
390 Fort Washington Avenue, Ground Floor  
New York, NY 10033

- A free event open to all
- The talk will be in English and Spanish
- Refreshments will be served



To RSVP call:  
(646) 697-2274