



# Love Your Heart

A free educational talk on cardiovascular disease



- What is cardiovascular disease?
- How can you prevent cardiovascular diseases?
- What are the treatments for cardiovascular diseases?
- What other chronic illnesses have an affect on heart health?
- What cardiovascular health research is available?

**Presenter: Rafael A. Lantigua, MD**

Professor of Clinical Medicine  
College of Physicians and Surgeons

**Date: Wednesday, February 24, 2016**

**Time: 2:30PM – 4:00PM**

**Location: Columbia Community Partnership for Health  
390 Fort Washington Avenue, Ground Floor  
New York, NY 10033**

- ➔ A free event open to all
- ➔ The talk will be in English and Spanish
- ➔ Refreshments will be served



To RSVP call:  
**(646) 697-2274**