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# Is knee pain affecting your daily activities?

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Samplewebsiteforourstudy.columbia.edu

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## Study for adults with knee pain

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## Location

- All sessions will be at 10 Sample St., New York, NY 10032. Take the A/C train to 168<sup>th</sup> St.

We're searching for adults 18 years and older who have knee pain to try a new stretching routine. The research aims to find new stretches that help to decrease knee pain for the millions of Americans who struggle daily.

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## Are you eligible?

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### Participants will be asked to:

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- Visit the clinic 3 times
- Participate in a 45 minute stretch session
- Fill out a survey after each session

- 18 years or older
- Knee pain of any kind with proof of previous treatment

If you want more information, or are not sure if you are eligible, contact the study team:

- Dr. XXX
- XXX@cumc.columbia.edu
- 123.456.7890

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### Participants will receive:

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- \$25 for each session attended
- Snacks and water

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**Knee Pain Study**

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